



NEWS AND NEIGHBORS

Newport News Redevelopment and Housing Authority

July 2021

Volume 28, Issue 7

**HOLIDAYS
OBSERVED
DURING THE
MONTH OF
JULY**

July 4

Independence Day



HRCAP

Hampton Roads Community Action Program

Maximizing Opportunities & Transforming Lives

EMERGENCY SERVICES



SUMMER FOOD SERVICE PROGRAM



FREE GRAB & GO

BREAKFAST AND LUNCH

FOR SCHOOL-AGE

CHILDREN

EVERY

MONDAY-FRIDAY

SAME GREAT SERVICE, BRAND NEW TIMES!

C4 Boxing Club - 1947 E. Pembroke Ave. Hampton

Beginning Monday, April 19th, 2021, 3:30pm-4:30pm

Downing-Gross Cultural Arts Center - 2410 Wickham Ave. Newport News

Beginning Monday, April 19th, 2021, 12:15pm-1:30pm

Lift and Connect EnVision Center - 2501 Jefferson Ave. Newport News

Beginning Monday, April 19th, 2021, 12:15pm-1:30pm

Contact Us

(757) 247-0379 Option 1

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Family Investment Center

FREE TRAINING PROGRAMS

The Family Investment Center offers free training in the following courses:

- CNA;
- Self-Paced Typing;
- Employability Skills Workshops;
- Resume and Interviewing Prep;
- Job Lead Assistance;
- Homeownership.

The Family Investment Center
600 C Ridley Circle
Newport News, VA 23607

Monday thru Friday

8:00 a.m. - 4:30 p.m.
757.928.3680

PROGRAMA LIBRE DE INSTRUCCION

Centro de Trabajo Para la Familia ofrece los Cursos que sigue:

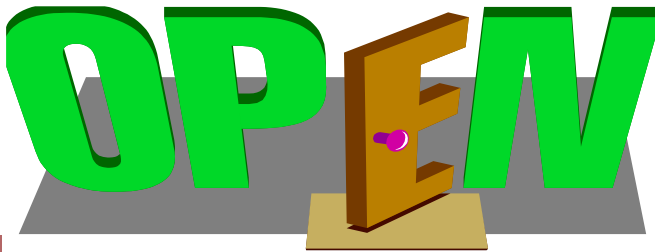
- Mecanografia;
- Habilidades de obrero;
- Ayuda con su resumen y su entrevista;
- Como se encuentra trabajo;
- Como encontrar y poseer una casa.

Centro de Trabajo
Para La Familia
600 C Ridley Circle
Newport News, VA 23607

Lunes—Viernes

8 de la mañana-
4:30 de la tarde

757.928.360 ingles
757.928.6146 espanol



The waiting list for housing assistance at the Warwick SRO is open for single room occupancy only.

Please call (757) 928-6060, Monday-Friday, from 9:00 a.m. - 4:00 p.m. to schedule an appointment.



IMPORTANT NUMBERS

Marshall	928-6181
Ridley	928-2680
Ashe Manor	928-6187
Aqueduct	833-5700
Pinecroft	269-4300
Orcutt Townhomes	928-6187
Community Resources	928-6063
Family Investment Center	928-3680



EMERGENCY BROADBAND BENEFIT

WHAT IS IT?

The Emergency Broadband Benefit is a temporary FCC program to help households struggling to afford internet service during the pandemic.

The benefit provides:

- Up to \$50/month discount for broadband services;
- Up to \$75/month discount for households on qualifying Tribal lands; and
- A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.

WHO IS ELIGIBLE?

A household is eligible if one member of the household:

- Has an income that is at or below 135% of the Federal Poverty Guide lines or participates in certain government assistance programs;
- Receives benefits under the free and reduced-price school lunch or breakfast program;
- Received a Federal Pell Grant during the current award year;
- Experienced a substantial loss of income due to job loss or furlough since February 29, 2020; or
- Meets the eligibility criteria for a participating provider's existing low-income or COVID-19 program.

THREE WAYS TO APPLY

1

Contact your preferred participating provider directly to learn about their application process.

2

Go to [GetEmergencyBroadband.org](https://www.getemergencybroadband.org) to submit an application and to find participating providers near you.

3

Complete a mail in application and send it along with proof of eligibility to:

Emergency Broadband Support Center
P.O. Box 7081
London, KY 40742

LEARN MORE



Call 833-511-0311, or



Visit [fcc.gov/broadbandbenefit](https://www.fcc.gov/broadbandbenefit)



PROPERTY & UNIT INSPECTIONS INFORMATION FOR RESIDENTS

The U.S. Department of Housing and Urban Development (HUD) will substantially increase inspections of assisted properties and units on June 1st, 2021 to help ensure the overall health and well-being of HUD-assisted households. An inspector from HUD may inspect your home soon. Residents will be notified in advance by property management of their inspection date and time.

Resident Rights

- ✱ Residents should communicate any health-related concerns and the inspector will select an alternate unit to inspect.
- ✱ Residents have the choice to be present. If you are not home and your unit is randomly selected, the inspection will move forward.
- ✱ Residents who are home may elect to leave or stay in the unit during the inspection.
- ✱ The inspector and property representative will practice safe distancing and wear personal protective equipment (PPE) consistent with detailed HUD safety protocols informed by the Centers for Disease Control and Prevention's (CDC) most recent guidance.

Additional Details

- ✱ Not all residential units are inspected, and buildings and units are randomly selected on the day of inspection.
- ✱ If you have questions, please contact your property representative or HUD's Technical Assistance Center (TAC) at 888-245-4860.
- ✱ Residents of HUD Multifamily properties should review HUD's "Residents Rights & Responsibilities" for further information https://www.hud.gov/sites/documents/DOC_12162.PDF
- ✱ To view the Secretary of HUD's statement on resuming inspections: <https://www.hud.gov/>

Real Estate Assessment Center Inspection Process and Cycle

Purpose: To make sure your home is being safely maintained physical inspections are needed from time to time. Inspections help ensure units are decent, safe, and sanitary.



Step 1: Notification

Property representatives will notify you of the pending inspection.

Step 2: Pre-Inspection

Contact your property representative with any questions you or your family may have surrounding the inspection with the property representative or HUD's Technical Assistance Center (TAC) at 888-245-4860.



Step 3: Inspection

Inspectors follow a detailed inspection protocol including wearing proper PPE and other related safety requirements. Inspectors will also review the property's common areas as well.

Step 4: Post Inspection

The property owner or manager will be notified of the inspection results. Contact the property representative if you have any questions about your unit's inspection.



Additional Information may be found at https://www.hud.gov/program_offices/public_indian_housing/reac

Join the National Vaccine Month of Action to Vaccinate 70% of Adults



President Biden has announced June as a **National Vaccine Month of Action** to get 70% of adult Americans vaccinated before Independence Day on July 4.

Already, nearly 170 million Americans have rolled up their sleeves to get a shot. More than half of all adults are now fully vaccinated—including 75% of all seniors. As a result, COVID-19 cases and deaths have plummeted more than 85% this year.

Those who haven't been vaccinated yet can **find a vaccine at Vaccines.gov and vacunas.gov**, featuring 50,000 vaccination sites across the country, including primary care physician, federal pharmacy partners, state sites and FEMA sites. Locations are uploaded daily.

Here are some **FREE** transportation, childcare, and pharmacy vaccination incentives* being offered through the National Vaccine Month of Action:

FREE rides from Uber and Lyft to and from vaccination centers

FREE drop-in child care from KinderCare, Learning Care Group, Bright Horizons, and hundreds of YMCA locations for parents to get vaccinated

Extended vaccine hours at many CVS, Rite-Aid and Walgreens

"Shots at the Shop" vaccine outreach at 1,000+ Barbershops and Salons

Coronavirus: Keeping you informed

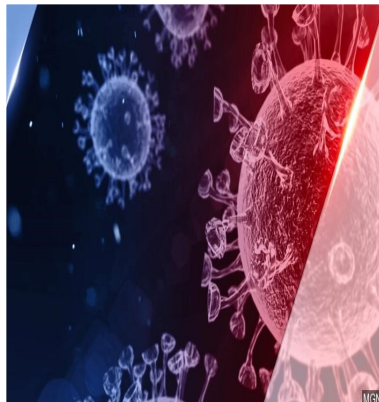
Coronavirus Update from the Virginia Peninsula Foodbank

During times of crisis, the Foodbank plays an important role in meeting community needs. In response to the coronavirus, the Virginia Peninsula Foodbank has been working to provide food to people who might otherwise go hungry.

The Foodbank's Mobile Food Pantry Program is distributing food in high-traffic spots across the peninsula and they are working with partner agencies to ensure people receive the food they desperately need. The team from the Foodbank's Culinary Training Program is preparing breakfast and lunch grab-and-go bags for children throughout our local area. The Foodbank has also hosted several large-scale public food distribution events to help individuals and families struggling to locate healthy meals. During a distribution event in Newport News last week, they provided food to support 500 households.

If you are struggling to get the food you and your family need, please visit the Get Help page on the Foodbank's website to locate a mobile food pantry or partner agency that can help. Please call prior to visiting to confirm hours of operation, as distribution plans change quickly and without much notice.

Due to the increased demand for food in grocery stores, the Foodbank has seen a significant decrease in food pick-ups and store donations, which means personal donations are even more important. You can still drop food donations off at their Hampton headquarters at 2401 Aluminum Avenue. All donations are quarantined for 72 hours before they are available to be distributed. You can make a monetary donation to help purchase truckloads of supplies, donate through YouGiveGoods or purchase through online retailers to ship items directly to the Foodbank's doors. For additional information on any of these options, you can contact Tracy Hansbrough at thansbrough@hrfoodbank.org.



NEWPORT NEWS HEALTH DEPARTMENT

Call center is open 8 AM - 6 PM

Please call 757•594•7069

**If you have questions about where to
get tested if you are experiencing
COVID-19 symptoms.**



We encourage you to self-report illness or quarantine if you are not feeling well. This will prevent spreading the COVID 19 to your loved ones and friends.

FREE COVID-19 VACCINATIONS

Ages:
12 & up

On-site registration
provided



Educate & Vaccinate

- ✓ Hampton University's Mobile Health Unit will provide **FREE Pfizer Vaccines & COVID-19 testing** on-site!

- ✓ **Free health screenings** provided by the Hampton University Schools of Pharmacy, Nursing & Communicative Disorders!

- ✓ **Sign Up for Health Insurance**

The Health Insurance Marketplace has been extended to August 15th. Also, Medicaid enrollment will be available!

- ✓ **Register to Win over \$500 in gift cards!**



Celebrate
HEALTHCARE



More information and pre-registration: (757) 728-6209

Friday, July 9th, 2021

Time: To be determined

New Grafton Baptist Church

4401 Chestnut Avenue

Newport News, VA 23607

Rev. Dr. Michael L. Sumler, Pastor

DRIVE-THRU AND WALK-UP



The Hampton University Mobile Health Unit

HOW DO YOU FEEL ABOUT COVID-19?

VOLUNTEERS NEEDED FOR STUDY

We want to know what you think about COVID-19. Partner with **Eastern Virginia Medical School, Hampton University** and **Norfolk State University** to share your thoughts.



WE'LL ASK YOU TO:



- Join virtual meetings using the tablets we give you. Each meeting will last 60-90 minutes.
- Participate in short virtual interviews and complete online surveys

If you join the study, you will complete 2-4 activities a month for up to two years.

YOU CAN JOIN IF YOU ARE:



- 18 years or older
- A resident of Newport News Redevelopment and Housing Authority

We will use what we learn from you to make information about the pandemic more relevant to your community.

IF YOU JOIN, YOU WILL GET:



- A free Samsung tablet with internet
- \$20 for each month that you are in the study

**QUESTIONS?
CONTACT US:**
(757) 818-9970 or
(757) 524-1135 or
covid19study@evms.edu

Advertisement approved by EVMS IRB# 21-03-FB-0046

9 Things You Should Never Flush Down a Toilet



Dispose the following things in your toilet and you could end up with plumbing problems.

Toilets were designed to only do one thing: Dispose of human waste and toilet paper. Even so, many people are tempted to use them to rid of various things. In addition to damaging your plumbing, some items can harm the environment if they find their way into the ecosystem.

The following things you should never flush down your toilet.

- Cigarette butts
- Tampons and sanitary napkins
- Cooking oil and grease
- Stringy materials
- Cat litter
- Medicines
- Wet wipes
- Food
- Contact lenses

PLEASE
DO NOT FLUSH
ANYTHING
EXCEPT
TOILET PAPER



10 Tips To Save Energy When Air Conditioning Is A Must

There are ways to keep cool without turning on your air conditioner, but when the summer temperatures start the 90 (or 100) degree mark daily, sometimes air conditioning is a must. Stay cool and save money with these energy saving tips:

1. **Keep the AC Lower at Night:** Try turning your AC down (so it is running less) during your sleep hours.
2. **Close Off Vents:** By closing the vents, you're forcing all the air up top first, cooling as it comes down.
3. **Rearrange Your Furniture:** Furniture that obstructs air conditioning vents means you could be cooling the back of a chair or the bottom side of your sofa. You would rather have that chill for yourself. Rearrange your furniture, even if only temporarily.
4. **Try 78 Degrees:** That is a good point for an air conditioner to run at its optimal performance level.
5. **Lighting:** Turning lights off can help reduce your heat, but paying attention to how much light you let in from open windows can also play a significant role. Opening and closing your shade everyday with the changing of the sun, it makes a huge difference in how much heat your air conditioner is competing against.
6. **Don't Forget The Fan:** We rely on air conditioners to keep things cool, but having the help of a few supplemental fans doesn't hurt. They use less energy than your air conditioner unit, so having them as backup is a great idea.
7. **Don't let the water run:** Don't let the water run while brushing your teeth or cleaning the bathroom.
8. **Report all Leaks:** Report all leaks and running toilets.
9. **Use Microwave:** Use your microwave oven instead of a conventional electric or gas range or oven.
10. **Take Showers:** Take showers instead of baths to reduce hot water use. A five minute shower uses a third of the water it takes to run a bath.



Disasters may force you
to
evacuate or strand
you at home.
Assemble disaster
supplies to last up to a
week.

For information, contact your local
Emergency Management office
or the Virginia Department of
Emergency Management
at (804) 897-6510.
www.vdem.state.va.us





helping 
children develop
and fulfill
their potential



EARLY HEAD START PROGRAM

Will Your Baby/Toddler Be Head Start Ready?

*****FREE PRESCHOOL*****



Early Head Start will help
prepare your 6 weeks to 2
year old for Head Start!!!



**Health & Dental Screenings*

**School Readiness Skills*

**Qualified Nurturing Teachers*

**Breakfast, Lunch, Snack Provided*

**Family Services Support*

**Services For Children With Disabilities*

Apply Online Today!

www.hrcapinc.org

****Early Head Start is only Available in Southeast Newport News, VA ****

For More Information On The Online Application Process

Contact us at headstart@hrcapinc.org

HRCAP is prohibited from discriminating based on race, color, national origin, sex, age, sexual orientation, or disability. HRCAP also adheres to the CDC Protocols.



EARLY HEAD START PROGRAM

The following information will be requested to complete your application

1. Proof of Age: Birth Certificate, Birth Information Provided by the Courts/DSS, or Birth Letter from Hospital.
2. Verification of Household Income: 2 Most Current Pay Stubs, W-2, 1040, or Child Support. If you Receive TANF or SSI, please provide Award Letter.
3. Proof of Residency: Lease Agreement, Mortgage, Utility Bill (Electric, Water, Sanitation, Gas), Cable Bill, Landline Phone Bill, WiFi Bill.
4. Parent/Guardian Government Issued Photo ID.
5. Custody Papers (If Applicable).

****If you have a Current Physical, Immunization and/or Dental Exam, please provide at the time you submit supporting documents.****





helping children develop and fulfill their potential

HEAD START/EARLY HEAD START PROGRAM

Will Your Preschooler Be Kindergarten Ready?

FREE PRESCHOOL



Head Start will help prepare your 3 or 4 year old for Kindergarten!!!



**Limited Transportation Available*

- *Health & Dental Screenings*
- *School Readiness Skills*
- *Qualified Nurturing Teachers*

- *Breakfast, Lunch, Snack Provided*
- *Family Services Support*
- *Services For Children With Disabilities*

Apply Online Today!

www.hrcapinc.org

For More Information On The Online Application Process
Contact us at headstart@hrcapinc.org

HRCAP is prohibited from discriminating based on race, color, national origin, sex, age, sexual orientation, or disability. HRCAP also adheres to the CDC Protocols.



helping children develop and fulfill their potential

HEAD START/EARLY HEAD START PROGRAM

The following information will be requested to complete your application

1. Proof of Age: Birth Certificate, Birth Information Provided by the Courts/DSS, or Birth Letter from Hospital.
2. Verification of Household Income: 2 Most Current Pay Stubs, W-2, 1040, or Child Support. If you Receive TANF or SSI, please provide Award Letter.
3. Proof of Residency: Lease Agreement, Mortgage, Utility Bill (Electric, Water, Sanitation, Gas), Cable Bill, Landline Phone Bill, WiFi Bill.
4. Parent/Guardian Government Issued Photo ID.
5. Custody Papers (If Applicable).

If you have a Current Physical, Immunization and/or Dental Exam, please provide at the time you submit supporting documents.









**BREEDEN
CONSTRUCTION**

**LOCAL JOB
OPPORTUNITIES FOR THE
NEW HOUSING
DEVELOPMENT PROJECT**

Located at 2700 & 2800 Jefferson Ave.



Breedden Construction along with our subcontractors will be working with programs such as YouthBuild Newport News and NNRHA to help provide job opportunities as well as training for work in the construction industry.

Postions may include:

Entry Level Labor
HVAC
Electrical
Carpentry
Masonry

Please contact: Amy Mendez
Email: amym@breedenconstruction.com.
Phone: (757) 486-1000
Or request an application or send your resume.

REHABILITATION ASSISTANCE



We all know the heartache and devastation that drugs can bring to our families.

If you or anyone you know and love is affected by substance abuse help is available.

Program Name	Services	Payment
Tidewater Area Hot Line 459-8467	Narcotics Anonymous	No fees
Narcotics Anonymous VA Regional Hot Line 1-800-777-1515	Support group for recovering substance abusers.	No fees
Hampton Roads Clinic Reflections 827-8430	Outpatient Counseling I.V. Methadone Maintenance 30-45 day Residential Facility	Sliding fee Scale Medicaid
Project Link 245-0217	Case management and coordination services for prenatal abuser	Sliding fee Scale Medicaid
AI Anon/Alateen 1-888-425-2666	Support group Alcoholism-friends/relatives and teens.	No fees
AA Hotline 595-1212	12 Step Program	No fees
Peninsula Area Help Line 875-9314	Narcotics Anonymous	No fees
Advanced Recovery Systems	Alcohol, Eating Disorders and Substance Abuse	Private Insurance

FILING A COMPLAINT...



Here is the Customer Service

Hotline Number:

757-928-6063 or 757-928-3680

A TENANT HOTLINE IS A FREE SERVICE FOR TENANTS LIVING IN PROPERTIES OWNED AND MANAGED BY THE NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY. WHEN FILING A COMPLAINT, YOU MUST STATE YOUR FULL NAME, ADDRESS, AND TELEPHONE NUMBER AND SPEAK AS SLOWLY AND CLEARLY AS POSSIBLE.

WE WILL CALL YOU BACK WITHIN 48 HOURS REGARDING YOUR CONCERNS.

THANK YOU



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News Coordinator and Layout: Lisa Artis

**Newport News Redevelopment and
Housing Authority
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Newport News, VA 23607
757.928.6063**

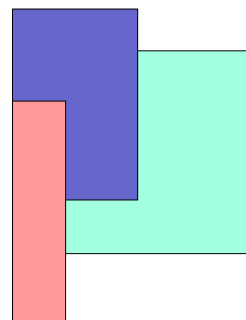
General Overtime Guidelines

Maintenance staff will respond to the following calls:

1. Gas Leaks;
2. Electrical Problems;
3. Smoke Detector;
4. Power Outages (only at Pinecroft, Ashe Manor, Spratley House, Ridley and Marshall);
5. No Heat between 5:00 p.m. on Friday and 8:00 am on Sunday or holidays if the next day is a working day. If the next day is not a working day, accepts calls until 6:00 p.m.
6. Floods and Sewer Problems;
7. Broken Windows;
8. Collapsed ceiling or damaged roofs;
9. Commode stopped up (if two in apartment hold to next day if that is a normal business day);
10. Lock Out/Lock Change;
11. Damaged Exterior Doors;
12. Fire.

Note to Residents: If you believe the situation can wait until the next day, call first thing in the morning.

Manager's Corner



After Hours Guidelines

Marshall	928-6154
Ridley	928-6154
Spratley House	928-6187
Ashe Manor	928-6187
Aqueduct	833-5700
Pinecroft	269-4300
Orcutt Townhomes	928-6187



Please use this number ONLY after 5:00 p.m.
(757) 247-0484

- Marshall 928-6181
- Ridley 928-2690



All Tenants should contact their rental office about proper installation of cable and satellite tv before being installed by the company.



MISSION STATEMENT

The mission of the Newport News Redevelopment and Housing Authority (NNRHA) is to create affordable housing, viable neighborhoods, and opportunities for self-sufficiency that enhance the quality of life for all citizens of Newport News.